



Visiting Nurse Association & Blue Water Hospice

Preferred Provider Since 1952

2795 Edison Drive
Marysville, MI 48040
(810) 984-4131
www.vnabwh.org

COPING WITH A LOSS

Grief support groups for all stages

VNA & Blue Water Hospice offer three support groups to help those dealing with the loss of a loved one. You do not have to go through the grieving process alone. It is important to understand that what you are going through is normal, everyone copes at their own pace, and you will learn to deal with the loss. Let our experts help you through this process.

NEW BEGINNINGS: A GRIEF & LOSS SUPPORT GROUP

This group is for adults who have experienced the loss of a loved one. New Beginnings is facilitated by a Licensed Master Social Worker specializing in grief. The group meets the 1st Tuesday from 1 – 2:30 p.m. at the Blue Water Hospice Home, 2795 Edison Drive, Marysville. Group size is limited. Register by calling Cindy at (810) 388-6123. This group is funded by a grant from the Council on Aging serving St. Clair County.

WINGS – WIDOWS/WIDOWERS IN NEED OF GRIEF SUPPORT

On the grounds of the Blue Water Hospice Home, we regularly have geese wandering providing a peaceful view for our patients. As geese mate for life and grieve deeply when they lose their mate, we believe this was the perfect symbol for our grief support group. WINGS is for those who are grieving the loss of a spouse/significant other. WINGS meets at local restaurants the 2nd and 4th Tuesdays at 11:45 a.m.



MEN'S BREAKFAST

Led by Chaplain Bob Wynkoop, this group is for men working through a loss. Meetings are held the 3rd Tuesday at 8 a.m. at Chef Shell's – 324 Superior Mall, Port Huron. For more information contact Bob at (810) 984-4131.

**For more information on any of these grief support groups,
contact Bereavement Coordinator Cindy Wisdom at (810) 388-6123.**